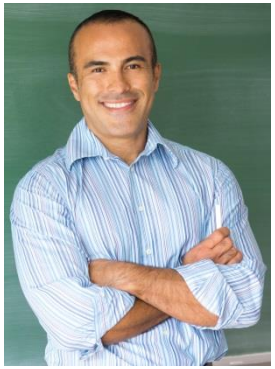
Are these feelings good or bad?

1

2 

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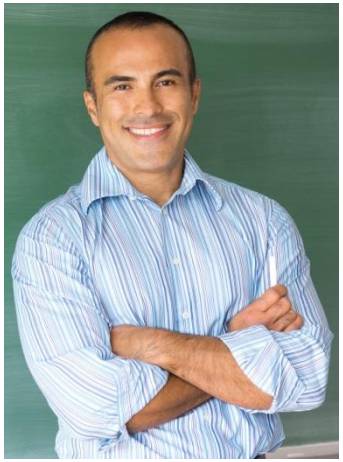
How do these people feel?



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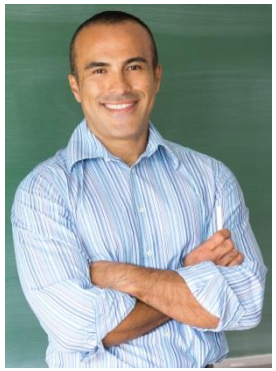
How do these people feel?

interested



confident

calm

proud

optimistic

excited

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Talk about you

- I think I'm / I'm not a **calm** person because …
- I feel **confident** when I …
- I get **excited** when I …
- I am really **interested** in …
- I am usually **optimistic** about …
- I was very **proud** when I …

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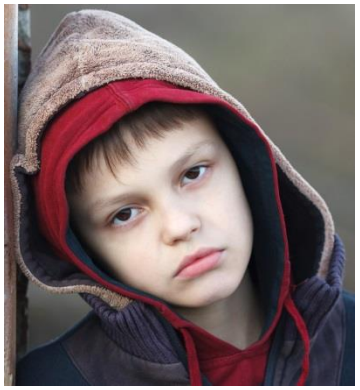
How do these people feel?



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How do these people feel?

nervous

exhausted

embarrassed

confused

angry

miserable

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Talk about you

- … makes me **angry**.
- I am always **confused** by …
- The last time I was really **embarrassed** was …
- When I am totally **exhausted** I …
- … make me really **nervous**.
- I was really **miserable** when …

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